Sant Dnyaneswar Shikshan Sanstha's

Annasaheb Dange College of Engineering & Technology, Ashta

(An Autonomous Institute)

Kala Acadamy

ONLINE PRANAYAM WORKSHOP

Date- 08/06/2021

Hereby all Students are informed that on occasion of Yoga Day Kala Academy has organized online prnrayam 2021 Workshop on 16/06/2021 to 20/06/2021 All are requested attend the woekshop.

Date- 16/06/2021 to020/06/2021

Venue- online

Time- 07 am to 08 am

HOD,

Kala Academy

Executive Director

Date – 20 June 2021

REPORT ON

05 Days Workshop on YOGA PRANAYAMA

On occasion of International Yoga Day

Date – 16 June -20 June 2021

National Service Scheme (NSS) department at Annasaheb Dange College of Engineering and Technology, Ashta organized series of 5 Days workshop on "YOGA PRANAYAM" in online mode using Microsoft Teams Platform. This workshop is planned in multiple batches of 20 students per batch.The students and staff of ADCET Ashta were participated enthusiastically in online mode.

This workshop is conducted in association with Kala Academy of ADCET Ashta,Under AazadiKaAmrutMohotsav campaign initiated by Government of India.This Workshop is Free of Cost for all students and teachers. Mr. ChandrakantKamble from Kala Academy conducted this workshop and demonstrated different types of YOGA and different activities of Pranayama to all the participants.

The first batch was conducted from 16 June to 20 June at 6.00 AM to 6.45 AM daily.Total 30 Students participated in this workshop.

In inauguration ceremony of this workshop NSS Head Prof. Amol Dange addressed all the participants. He told the importance of healthin everyone's life. So for the maintaining good health, Yoga and Pranayama activities are very much essential.

All participants benefited a lot from this workshop. Hon. Chimanbhau Dange, Secretary, SDSS, Islampur, Prof.R. A. Dr. Kanai, Executive Director,Dr.VikramPatil, Director, Prof. S. B. Hivrekar, Registrar, motivated to NSS coordinators for conducting this workshop. NSS student coordinators took care regarding arrangement of this workshop.

Sant Dnyaneshwar Shikshan Sanstha's

Annasaheb Dange College of Engineering and Technology, Ashta

Tal. Walwa, Dist. Sangli, Maharashtra 416301

(An Autonomous Institute Affiliated to Shivaji University, Kolhapur)



On Occasion of International Yoga Day

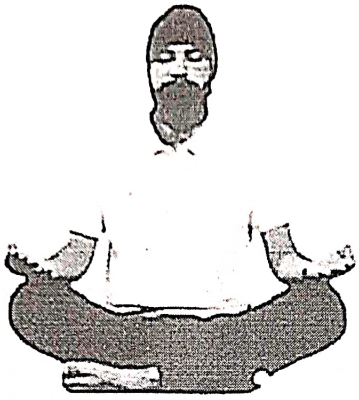
KALA ACADEMY & NATIONAL SERVICE SCHEME (NSS)

Organizing

Online "Yoga : Pranayama"

Batch -1
16/6/2021 to 21/6/2021
Batch -2
22/6/2021 to 27/6/2021

- Time : -
6.00 a.m. to 6.30 a.m.



"आपला प्रत्येक श्वास मौल्यवान आहे तर जाणून घेऊया श्वास योग"

योग शिक्षक : के.चंदा

(विभाग प्रमुख, कला अॅकॅडमी)

Under

"Azadi ka Amrut Mahotsav Campaign"

Initiated by Goverment of India

Microsoft Teams

Online Meeting Link : http://bit.ly/Online_YogaPranayama

Hon. Adv. R. R. Dange
Secretary, SDSS, Islampur

Prof. R. A. Kanai
Executive Director, SDSS, Islampur

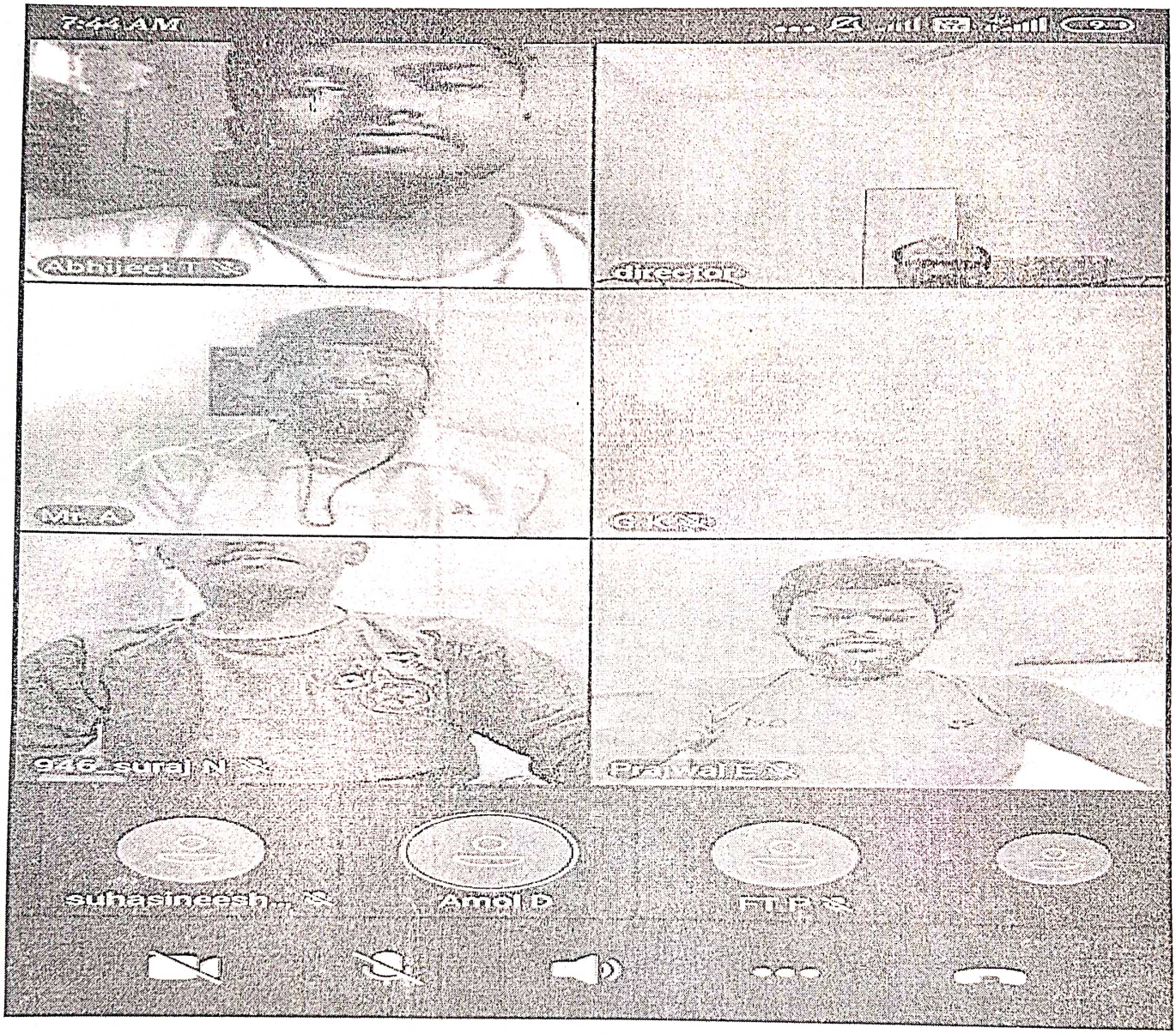
Dr. Vikram S. Patil
Director, ADCET, Ashta

Prof. S. B. Hivarekar
Dean, Administration

Dr. S. V. Taralkar
Dean, Academics

Prof. Amol Dange
N.S.S. Head

NATIONAL SERVICE SCHEME (NSS)



Prof. Amol Dange
NSS Head

Dr. Vikram Patil
Director

Prof. R. A. Kanai
Executive Director

Sant Dnyaneshwar Shikshan Sanstha's

Annasaheb Dange College of Engineering and Technology, Ashta

(An Autonomous Institute Affiliated to Shivaji University, Kolhapur)

National Service Scheme (NSS) & Kala Academy

Jointly Organied

One Week Workshop On

Yoga "Pranayam" 2K21

Under

"Azadi ka Amrut Mohotsav Campaign"
Initiated by Goverment of India

Yoga Teacher
Mr. Chandrakant Kamb
HOD, ADCET Kala Academy

CERTIFICATE

This is to certify that, Dr./Mr./Mrs. /Ms. KOKATE TEJSWINI VILAS from Annasaheb Dange College of Engireening & Technology, Ashta. has actively participated in onjne "Yoga - Pranayam" workshop jointly organized by National Service Scheme (NSS) & Kala Academy, Under Azadika Amrut Mohotsav Campaign initiated by Goverment of India on occasion of International Yoga Day, dated from 22nd June 2021 to 27th June 2021.

Prof. Amol Dange
NSS, Head

Dr. Vikram S. Patil
Director , ADCET, Ashta

Prof. R. A. Kanai
Executive Director, SDSS, Islampur

Sunday 20th June 2021 **Time:** Morning 7.00AM to 8.00AM

Name of Workshop: Online Yoga and Meditation Program

Teams Link : https://msteams.link/QIF5

Present Student: 26

Full Name	User Action	Timestamp
3145 Onkar Jadhav (Guest)	Joined	6/20/2021, 6:58:46 AM
3164_Abhishek Holkar (Guest)	Joined	6/20/2021, 6:56:05 AM
3123 Priyanka Vhargar (Guest)	Joined	6/20/2021, 7:01:45 AM
3143_Sayali Sokasane (Guest)	Joined	6/20/2021, 6:56:05 AM
3121 Ganesh Khapale (Guest)	Joined	6/20/2021, 6:58:46 AM
3136_Nikita Gote (Guest)	Joined	6/20/2021, 7:01:45 AM
3116_Arti kore (Guest)	Joined	6/20/2021, 6:58:46 AM
3101_Pranita Bhosale (Guest)	Joined	6/20/2021, 7:01:45 AM
3151_sujata patil (Guest)	Joined	6/20/2021, 6:58:46 AM
3139_Rahul Patil (Guest)	Joined	6/20/2021, 7:01:45 AM
3148_Prajwal_Patil (Guest)	Joined	6/20/2021, 6:58:46 AM
3107_Sanket Suryawanshi (Guest)	Joined	6/20/2021, 7:01:45 AM
3102_Avanti Pawar (Guest)	Joined	6/20/2021, 6:58:46 AM
3133_Apurva Chavan (Guest)	Joined	6/20/2021, 7:01:45 AM
3128_SHIVANI MOKASHI (Guest)	Joined	6/20/2021, 6:58:46 AM
3155_Aditya Vyavahare (Guest)	Joined	6/20/2021, 7:01:45 AM
3146 Abhijeet khot (Guest)	Joined	6/20/2021, 7:01:45 AM
3127_Anjali Linge (Guest)	Joined	6/20/2021, 6:58:46 AM
3149_Tejas Lamdade (Guest)	Joined	6/20/2021, 6:59:36 AM
3163_Shivani Mane (Guest)	Joined	6/20/2021, 6:56:05 AM
3125 Ravindra Kupatkar (Guest)	Joined	6/20/2021, 6:58:46 AM
3150 Harshwardhan Nikam (Guest)	Joined	6/20/2021, 7:01:45 AM
3130_Vaishnavi Jadhav (Guest)	Joined	6/20/2021, 6:58:46 AM
3129_Sneha Patil (Guest)	Joined	6/20/2021, 6:58:46 AM
3167_priti koshti (Guest)	Joined	6/20/2021, 7:01:45 AM
3154 soham pawar (Guest)	Joined	6/20/2021, 6:58:46 AM

NSS Program Coordinator

Prof. Amol S. Dange

Sunday 18th June 2021 **Time:** Morning 7.00AM to 8.00AM

Name of Workshop: Online Yoga and Meditation Program

Teams Link : https://msteams.link/QIF5

Present Student: 27

Full Name	User Action	Timestamp
3121 Ganesh Khapale (Guest)	Joined	6/18/2021, 6:58:46 AM
3136_Nikita Gote (Guest)	Joined	6/18/2021, 6:56:05 AM
3116_Arti kore (Guest)	Joined	6/18/2021, 7:01:45 AM
3101_Pranita Bhosale (Guest)	Joined	6/18/2021, 6:59:36 AM
3151_sujata patil (Guest)	Joined	6/18/2021, 6:58:46 AM
3139_Rahul Patil (Guest)	Joined	6/18/2021, 6:56:05 AM
3148_Prajwal_Patil (Guest)	Joined	6/18/2021, 7:01:45 AM
3107_Sanket Suryawanshi (Guest)	Joined	6/18/2021, 6:58:46 AM
3130_Vaishnavi Jadhav (Guest)	Joined	6/18/2021, 6:58:46 AM
3129_Sneha Patil (Guest)	Joined	6/18/2021, 6:56:05 AM
3167_priti koshti (Guest)	Joined	6/18/2021, 7:01:45 AM
3154 soham pawar (Guest)	Joined	6/18/2021, 6:59:36 AM
3102_Avanti Pawar (Guest)	Joined	6/18/2021, 6:58:46 AM
3133_Apurva Chavan (Guest)	Joined	6/18/2021, 6:56:05 AM
3128_SHIVANI MOKASHI (Guest)	Joined	6/18/2021, 7:01:45 AM
3145 Onkar Jadhav (Guest)	Left	6/18/2021, 6:58:46 AM
3164_Abhishek Holkar (Guest)	Joined	6/18/2021, 6:58:46 AM
3123 Priyanka Vhargar (Guest)	Joined	6/18/2021, 6:58:46 AM
3143_Sayali Sokasane (Guest)	Joined	6/18/2021, 6:56:05 AM
3155_Aditya Vyavahare (Guest)	Joined	6/18/2021, 7:01:45 AM
3135 Rohit Patil (Guest)	Joined	6/18/2021, 6:59:36 AM
3146 Abhijeet khot (Guest)	Joined	6/18/2021, 6:58:46 AM
3127_Anjali Linge (Guest)	Joined	6/18/2021, 6:56:05 AM
3149_Tejas Lamdade (Guest)	Joined	6/18/2021, 7:01:45 AM
3163_Shivani Mane (Guest)	Joined	6/18/2021, 6:58:46 AM
3125 Ravindra Kupatkar (Guest)	Joined	6/18/2021, 6:59:36 AM
3150 Harshwardhan Nikam (Guest)	Joined	6/18/2021, 6:58:46 AM

NSS Program Coordinator

Prof. Amol S. Dange

Sunday 19th June 2021 **Time:** Morning 7.00AM to 8.00AM
Name of Workshop: Online Yoga and Meditation Program
Teams Link : https://msteams.link/QIF5
Present Student: 23

Full Name	User Actio	Timestamp
3135 Rohit Patil (Guest)	Joined	6/19/2021, 6:58:46 AM
3146 Abhijeet khot (Guest)	Joined	6/19/2021, 7:01:45 AM
3127_Anjali Linge (Guest)	Joined	6/19/2021, 6:58:46 AM
3149_Tejas Lamdade (Guest)	Joined	6/19/2021, 7:01:45 AM
3163_Shivani Mane (Guest)	Joined	6/19/2021, 6:56:05 AM
3125 Ravindra Kupatkar (Guest)	Joined	6/19/2021, 6:58:46 AM
3150 Harshwardhan Nikam (Guest)	Joined	6/19/2021, 7:01:45 AM
3130_Vaishnavi Jadhav (Guest)	Joined	6/19/2021, 6:56:05 AM
3167_priti koshti (Guest)	Joined	6/19/2021, 7:01:45 AM
3154 soham pawar (Guest)	Joined	6/19/2021, 6:58:46 AM
3102_Avanti Pawar (Guest)	Joined	6/19/2021, 6:56:05 AM
3133_Apurva Chavan (Guest)	Joined	6/19/2021, 6:58:46 AM
3128_SHIVANI MOKASHI (Guest)	Joined	6/19/2021, 7:01:45 AM
3145 Onkar Jadhav (Guest)	Left	6/19/2021, 6:58:46 AM
3164_Abhishek Holkar (Guest)	Joined	6/19/2021, 7:01:45 AM
3123 Priyanka Vhargar (Guest)	Joined	6/19/2021, 6:56:05 AM
3143_Sayali Sokasane (Guest)	Joined	6/19/2021, 6:58:46 AM
3121 Ganesh Khapale (Guest)	Joined	6/19/2021, 6:56:05 AM
3136_Nikita Gote (Guest)	Joined	6/19/2021, 6:58:46 AM
3116_Arti kore (Guest)	Joined	6/19/2021, 7:01:45 AM
3139_Rahul Patil (Guest)	Joined	6/19/2021, 6:56:05 AM
3148_Prajwal_Patil (Guest)	Joined	6/19/2021, 6:56:05 AM
3107_Sanket Suryawanshi (Guest)	Joined	6/19/2021, 6:58:46 AM

NSS Program Coordinator
Prof. Amol S. Dange

Sunday 17th June 2021 **Time:** Morning 7.00AM to 8.00AM

Name of Workshop: Online Yoga and Meditation Program

Teams Link : https://msteams.link/QIF5

Present Student: 24

Full Name	User Action	Timestamp
3154 soham pawar (Guest)	Joined	6/17/2021, 6:58:46 AM
3102_Avanti Pawar (Guest)	Joined	6/17/2021, 6:56:05 AM
3133_Apurva Chavan (Guest)	Joined	6/17/2021, 6:58:46 AM
3128_SHIVANI MOKASHI (Guest)	Joined	6/17/2021, 6:56:05 AM
3145 Onkar Jadhav (Guest)	Joined	6/17/2021, 6:52:35 AM
3149_Tejas Lamdade (Guest)	Joined	6/17/2021, 7:01:45 AM
3163_Shivani Mane (Guest)	Joined	6/17/2021, 7:01:45 AM
3125 Ravindra Kupatkar (Guest)	Joined	6/17/2021, 6:58:46 AM
3150 Harshwardhan Nikam (Guest)	Joined	6/17/2021, 7:01:45 AM
3130_Vaishnavi Jadhav (Guest)	Joined	6/17/2021, 7:01:45 AM
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3167_priti koshti (Guest)	Joined	6/17/2021, 7:01:45 AM
3155_Aditya Vyavahare (Guest)	Joined	6/17/2021, 6:58:46 AM
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NSS Program Coordinator
Prof. Amol S. Dange

Sunday 16th June 2021 **Time:** Morning 7.00AM to 8.00AM

Name of Workshop: Online Yoga and Meditation Program

Teams Link : https://msteams.link/QIF5

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NSS Program Coordinator

Prof. Amol S. Dange